# PAT'S BUSH CAMP AT 'WANGRAH', MARTINDALE

This camp is held on the last weekend in March and the second weekend in September weather permitting. It is open to all ages. Below is the basic programme for the weekend which maybe changed slightly closer to the date.

You can set up camp Friday evening or Saturday morning.

### Saturday

9am Ensure your camping equipment is set up

10am Introduction

Morning activities Weed and Bush food walk

Fire making

**Lunch** Fat hen fritters, Nettle quiche, salad, twister and apple with dates or banana with choc chips cooked in Dutch oven for dessert.

Afternoon activities - Preparing the pumpkin for the feast

Bush crafts eg weaving, pottery, string making

Making buddy burners

Afternoon tea - Cook pancakes on buddy burner with bush jams and cream

Free time - Check out humpy making

Feast Bunya nut curry

Fish cooked in clay and other methods

Vegetables in the pumpkin, plus corn and sweet potato

Kangaroo kebabs

Shell fish

Damper

Lemon myrtle cheese cake

Local blackberries, Lilly pillys

Wattle seed ice cream

Night time activity Creating bowls

Enjoy a chat and quiet time around the camp fire. Musical instruments are welcome.

NOTE: Tea, coffee, native teas, milo and fruit available all day.

## Sunday

Breakfast Bunya nut rissoles, eggs, porridge, twister, left overs from the feast.

Morning activities Morning walk or trip in the buggy up to the top hut.

Look at grinding sites and finding stones for knapping.

Morning tea Chocolate cake cooked in orange skins with lots of orange juice to drink.

Further activities Practice throwing your spears (grass tree sticks)

Making Paddys lucerne cough syrup or Bush ointment

Lunch Make pizzas and cook in Cob oven.

Clean up and pack up camp.

3pm Goodbye and safe trip home.

Times are not stated as so difficult to keep to a strict schedule. When on camp we change to camp time. Beware poor phone coverage.

All bush crafts, fire making, humpy making etc are inspired by the old ways. We use many different methods of cooking and will cater for people who have food intolerances, just let me know beforehand. There is plenty of variety in the menu so no need to bring extra foods.

#### What to bring

You will need to bring a plate, dish, cup, knife/fork/spoon and tea towel. If planning to camp bring all your camping gear or you can bring your campervan or caravan. Beware road to our place is gravel and has poor clearance.

#### Directions

To get to our place from Denman, drive to Martindale school and turn left and follow the road until you get to Williams Bridge, take the second turn on the right. The number on the gate is 1780. Follow the signs for 3.5km. There are three gates and at the second gate at the gun club follow the track up the hill, past a house on the right and down over the creek (often dry), over our ramp and past our house. The camping site is on the flat past our house.

Put into the GPS 1780 Martindale Road, Martindale and this will find the front gate then follow the track for 3.5km.